



Birchwood 10K Road Race

Spectrum Striders Running Club
Sunday 20th August 2000
Full Results



<u>Pos</u>	<u>Name</u>	<u>Cat</u>	<u>%</u>	<u>Club</u>	<u>Time</u>	<u>Pos</u>	<u>Name</u>	<u>Cat</u>	<u>%</u>	<u>Club</u>	<u>Time</u>
1	Neil Wilkinson		88.6	Salford H	30.26	61	Ray Smith	M55	82.8	Northern Vets	37.49
2	Duncan Mason		85.9	Salford H	31.24	62	Paul Thomson	M40	75.3	Congleton H	37.50
3	Eddie Simpson		85.4	Border H	31.34	63	David Miles		71.6	Southport W'loo	37.51
4	Bill Crowther		84.2	Altrincham & D AC	32.01	64	Steve Broadfoot		72.5	Liverpool RC	37.53
5	Tony Taylor		83.8	Salford H	32.11	65	Simon Wright	M40	75.1	Wigan Phoenix	37.56
6	Alex Rowe	M40	88.0	Wesham RR	32.21	66	Alan Hood	M50	79.7	Wesham RR	37.59
7	Mark Hinson	M40	85.0	Helsby RC	32.46	67	Tim Woodyatt	MJ	70.6	Stockport H	38.11
8	Jim Rose		82.2	Altrincham & D AC	32.49	68	Geoff Caton	M50	78.6	Southport W'loo	38.12
9	Mike Shaw		82.2	Stockport H	32.59	69	Alan Maddock		71.9	Vale Royal	38.13
10	Steve Haylock	M40	84.0	Stockport H	33.24	70	Derek Walton	M55	83.3	Altrincham & D AC	38.15
11	Richard Thomas		80.4	Darwen Dashers	33.33	71	Joseph Nedley		70.4	Radcliffe AC	38.20
12	John R. Howarth		80.4	Leigh H	33.42	72	Graham McAra	M45	75.9	Helsby RC	38.22
13	Mike Girvan	M45	86.3	Warrington AC	33.44	73	Arthur Curlett	M45	76.3	Liverpool RC	38.28
14	Keith Hatton	M40	81.7	Liverpool H	34.06	74	Colin Laidlaw	M45	74.9	Lytham St Annes	38.35
15	Kevin Hesketh	M45	85.2	Preston	34.10	75	Anthony Metcalfe	M45	75.4	South Liverpool	38.38
16	Amy Waterlow	F	87.3	Sale H Manch	34.15	76	Alan W. Cawley		71.4	North Wales RRC	38.46
17	Graham McNeil		79.1	Helsby RC	34.31	77	Ian Edge		70.3	Warrington RR	38.48
18	Richard Marlton		77.8	Stockport H	34.40	78	Eric Goulden	M50	80.0	Altrincham & D AC	38.49
19	Mike Weedall	M40	82.3	Vale Royal	34.52	79	John Clarke	M45	75.0	U/A	38.50
20	Darrell Soden	M45	85.4	Liverpool PS	34.55	80	Don Green	M45	76.6	East Cheshire H	38.53
21	John Burnett		77.1	Southport W'loo	35.00	81	Terry Hellings	M45	74.9	North Fylde	38.53
22	John R. Jones	M40	79.9	Greenfield Str.	35.08	82	Susan Selby	F35	79.6	Salford H	38.54
23	Debra Curley	F	85.0	Wigan Phoenix	35.11	83	Les Fleetwood	M40	72.1	Rivacre R&J	38.55
24	Tom McGaff	M45	81.9	Wilmslow	35.16	84	Peter O'Hallaghan		69.3	Darwen Dashers	38.56
25	John Fidler	M50	85.5	West Cheshire AC	35.25	85	John Bertenshaw	M40	73.6	Wesham RR	38.58
26	Rick Bowker		78.1	Southport W'loo	35.26	86	Steve Edge		69.0	U/A	39.04
27	Ian Shaweshaft	M40	80.3	Bolton	35.29	87	Alan Bewley	M55	81.5	Ford Halewood	39.06
28	Eric Wilson	M45	81.7	U/A	35.39	88	Sean Cordell		69.0	Stockport H	39.07
29	David Telford	M50	85.4	Altrincham & D AC	35.45	89	Stanley Fitzpatrick	M60	83.7	Liverpool RC	39.08
30	Tony Hyland		75.2	Rivacre R&J	35.53	90	Mark Molyneuy		69.7	Leigh H	39.09
31	Ben Harrison	MJ	75.0	Chester-I-St	35.57	91	Graham Atkinson	M40	71.7	Warrington RR	39.09
32	Mark Traynor		74.9	Marconi H	36.00	92	Rosemary Connolly	F		Wirral AC	39.13
33	Roy Waterlow	M50	84.1	Altrincham & D AC	36.01	93	Dave Edge	M60	83.7	Rochdale	39.31
34	Jane Riley	F		U/A	36.02	94	David Hanson	M40	71.5	Vale Royal	39.34
35	Mike Stroud		74.8	West Cheshire AC	36.05	95	Damian Utton		68.3	Altrincham & D AC	39.39
36	Phil Bailey	M50	83.1	Liverpool RC	36.09	96	Frank Woods	M40	71.1	U/A	39.45
37	Russell Barron		74.3	Chorley Harriers	36.17	97	Fechin McCormick	M50	76.2	Sale H Manch	39.46
38	David Jones	M40	77.7	Wigan Phoenix	36.24	98	David Entwistle		68.6	Altrincham & D AC	39.47
39	Peter Maher	M45	79.3	Vale Royal	36.28	99	John Merivale	M40	71.0	Wallasey AC	39.48
40	Geoff Quinn	M40	76.4	Stockport H	36.29	100	Howard Winzar	M50	76.1	West Cheshire AC	39.49
41	Tony Jackson	M40	76.9	Newburgh Nomads	36.31	101	Alan Barlow	M50	77.3	Altrincham & D AC	39.50
42	Steve Almond		74.1	Stockport H	36.34	102	Cefin Edwards	M40	71.4	U/A	39.53
43	Neil Hardman	M45	78.9	Vale Royal	36.39	103	Tony Jackson		68.8	Warrington RR	39.56
44	Stuart Hancock		73.4	Liverpool PS	36.45	104	Michael Dunne	M50	75.8	Sale H Manch	39.58
45	Ronan Phelan		73.2	U/A	36.52	105	Tim Jenkins		68.7	Merseyside Polic	40.00
46	Martin Bates	M40	77.2	Wesham RR	36.54	106	George Large	M50	77.5	Northern Vets	40.03
47	Howard Issatt		72.9	U/A	36.59	107	Bryan English		68.0	Dark Peak FR	40.07
48	Chris Nightingale		72.9	Wigan Phoenix	37.00	108	David English	M40	69.4	Barnsley AC	40.11
49	Ian Hayburn		72.9	South Liverpool	37.01	109	Geoff High	M40	70.8	Rivacre R&J	40.13
50	Frank Stevens	M40	75.8	Helsby RC	37.02	110	Phil McCann	M40	70.7	U/A	40.16
51	Ken Woodhouse	M50	81.7	Warrington RR	37.03	111	Joan Jackson	F40	79.3	Northern Vets	40.22
52	Jon Hancock	M45	79.1	Oswestry Olymp.	37.05	112	Frank Cordingley		68.3	Sale H Manch	40.30
53	Bill Cameron	M40	75.6	South Liverpool	37.09	113	Julian Markham		66.5	Blackburn RR	40.35
54	Francis Martin	M40	74.9	Penny Lane Str.	37.11	114	David Wall		66.7	Wigan Phoenix	40.38
55	Andrew Cresswell		72.2	U/A	37.21	115	Julie Fletcher	F	73.6	West Cheshire AC	40.39
56	Ken Burgess	M55	84.9	Altrincham & D AC	37.31	116	Tony Hock	M45	72.7	Wigan H	40.41
57	John Dickson		73.7	U/A	37.33	117	Alistair Couper	M45	73.2	U/A	40.42
58	Denis Duret			Rivacre R&J	37.36	118	Graham O'Dwyer		66.2	Warrington AC	40.43
59	Christopher Cowley		71.6	Chorley Harriers	37.39	119	Colin Martin	M40	69.4	U/A	40.43
60	Jim Pendrill		71.4	Wilmslow	37.48	120	Geoff Dodd	M45	71.4	Lytham St Annes	40.46



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121	Terence Johnson		66.5	Vale Royal	40.47	181	Kevin Brindle		62.8	U/A	42.57
122	Steve Hollis	M45	70.8	Road Runners Cl	40.49	182	Dave Floyd		63.5	U/A	43.00
123	Neil M. Kennedy		67.3	Merseyside Polic	40.49	183	Elaine Statham	F55	83.9	Stone Master Mar	43.00
124	Paul Nyland		66.1	U/A	40.49	184	Finlay McCalman		63.0	Wesham RR	43.01
125	Sean Butler	M40	69.2	Sale H Manch	40.50	185	Geoff Lamb	M45	69.2	Cumberland FR	43.03
126	Karen Hutchinson	F	73.2	U/A	40.52	186	Barry Chambers	M45	68.6	Vale Royal	43.07
127	Stephen Smith		67.6	South Liverpool	40.55	187	John Codling	M45	67.0	U/A	43.10
128	Geoff Gregson	M40	69.6	Wigan H	40.55	188	Martin Greene	M40	65.9	Liverpool RC	43.12
129	Albie Barr	M50	73.9	South Liverpool	41.00	189	Helen Sandelands	F35	71.6	Wigan Phoenix	43.15
130	Matthew Whitfield	M40	69.9	Rivacre R&J	41.01	190	William Fisher	M55	73.0	U/A	43.16
131	Steve Owen		66.5	U/A	41.03	191	Ken Smith	M50	70.6	Bury AC	43.16
132	Adrian Fairhurst		65.7	Chorley AC	41.05	192	Mark Hopkins		62.3	U/A	43.18
133	Leslie V-Hopkinson	M65	84.7	Wirral AC	41.07	193	Ian Morton	M45	66.7	U/A	43.20
134	Bernard Mitchell	M40	67.8	Red Rose RR	41.08	194	Gaynor Sharrock	F	69.0	Wilmslow	43.22
135	Brian Beattie	M55	76.8	West Cheshire AC	41.09	195	Leslie Abbott	M40	64.3	St Helens Str.	43.22
136	Matthew Sweeting		65.5	U/A	41.11	196	Janice Moffet	F45	74.9	West Cheshire AC	43.27
137	Michael Durcan	M55	76.7	Stockport H	41.12	197	Mary Meredith	F55	82.8	Prestatyn RC	43.32
138	Neil Cliffe	M40	67.6	Warrington RR	41.13	198	Philip Williams	MJ	64.0	U/A	43.33
139	Christopher Lane		65.4	Chorley Harriers	41.16	199	Emma Kinrade	F	68.6	Lytham St Annes	43.36
140	Scott Liddell	M45	71.1	U/A	41.17	200	Stephen Metcalfe	M40	65.8	Lytham St Annes	43.36
141	Denise Wakefield	F45	79.5	Sale H Manch	41.18	201	Gordon Brown	M65	80.7	Liverpool H	43.37
142	Michael Strahand		66.5	Stockport H	41.20	202	Dave Attwell	M60	75.0	Altrincham & D AC	43.40
143	Sally Gilliver	F35	74.8	Wilmslow	41.24	203	Anthony Cutler	M40	64.2	Wilmslow	43.43
144	Andy Seal		66.3	Telford AC	41.25	204	Stan Holbrook	M60	77.1	Penny Lane Str.	43.46
145	John Lamb		64.9	Tattenhall R	41.34	205	Gary Lowe		61.4	U/A	43.54
146	Dennis Wharton	M40	68.9	St Helens Str.	41.37	206	Chris Lamb	M50	69.0	Tattenhall R	43.54
147	David Bourne	M40	66.9	North West Water	41.38	207	Brian A. Griffiths	M45	65.8	Rivacre R&J	43.57
148	Philip Butler		65.5	U/A	41.39	208	Steve Pemberton	M45	65.7	Penny Lane Str.	43.58
149	Ben Shawcross	MJ	66.1	U/A	41.42	209	Roy Fletcher	M60	77.5	West Cheshire AC	43.59
150	Denise Shakeshaft	F40	75.4	Bolton	41.46	210	William Prescott		61.6	Liverpool RC	44.00
151	Caroline Cunningham	F	71.6	Tipton H	41.47	211	Rod Coombs	M45	67.7	Wilmslow	44.01
152	Larry Crawley	M50	73.0	Warrington RR	41.49	212	Terry Mannion	M50	68.2	Leigh H	44.02
153	Paul Walsh	M55	74.8	Lytham St Annes	41.50	213	Robert Baker		61.2	U/A	44.03
154	Jim Greenlees	M45	69.0	Stockport H	41.54	214	Robert Thornley	M45	66.1	Vale Royal	44.05
155	Kathryn Roberts	F	71.4	Helsby RC	41.54	215	Mike Welford	M40	65.1	Altrincham & D AC	44.06
156	John Raftery	M45	70.0	U/A	41.55	216	Marian Martin	F40	71.4	U/A	44.06
157	Peter Hopley		64.3	Lostock AC	41.55	217	Ken Connor		61.4	Warrington RR	44.08
158	Barrie Gould	M50	73.2	East Cheshire H	42.03	218	Ian Rawcliffe	M50	68.6	Wesham RR	44.09
159	Lesley Greenlees	F40	76.0	Stockport H	42.06	219	Ian Ashcroft	M50	70.3	Wilmslow	44.11
160	Alan Berry		65.7	U/A	42.07	220	Steve McCall	M40	63.5	Winston Runners	44.12
161	John Delany	M55	74.9	Stockport H	42.09	221	Al Mansley	M65	78.7	Pensby RC	44.13
162	Chris Acray	M50	71.8	Swinton RC	42.10	222	David Brierley	M40	63.9	West Cheshire AC	44.14
163	Howard Barlow	M45	68.5	BlackpoolFylde	42.12	223	Maurice Hopkinson	M55	72.6	Northern Vets	44.17
164	Gordon Stevenson		63.9	U/A	42.14	224	John Percival	M40	64.2	Road Runners Cl	44.23
165	Chris Palmer		64.6	U/A	42.15	225	Jane Davies	F	67.4	U/A	44.23
166	Robin Wignall	M55	74.7	Altrincham & D AC	42.17	226	Paul Davies		60.7	U/A	44.26
167	Steven Sinnot	M40	67.7	Penny Lane Str.	42.21	227	David Rigby	M40	63.6	Lytham St Annes	44.28
168	Richard Horton	MJ	66.4	Warrington AC	42.25	228	Phil Holland		61.3	U/A	44.31
169	Joseph Connolly			Idrotts Fedn.	42.26	229	Liz Elliott	F	67.1	U/A	44.35
170	Tony Manuel		63.5	U/A	42.28	230	Paul Roche	M40	62.9	U/A	44.38
171	Chris Paddle		63.5	U/A	42.30	231	Karen Hazleton	F40	70.4	Sale H Manch	44.44
172	Sam Darby	M40	66.9	U/A	42.33	232	Claire Davies	F	66.9	U/A	44.45
173	Patrick Mahoney	M45	68.9	U/A	42.34	233	Jerry Stevens	M40	63.6	U/A	44.46
174	Mary Doyle	F45	77.8	Liverpool RC	42.36	234	Dave Clements		60.3	U/A	44.46
175	Andy Wheeler	M40		U/A	42.37	235	Derek Edwards		60.9	U/A	44.47
176	David Thomas		63.3	U/A	42.37	236	Moiz Alibhai		60.2	U/A	44.49
177	Melvyn Hughes	M45	68.6	U/A	42.47	237	Andy Gaskell		60.2	U/A	44.50
178	Louise Pritchard	F	69.8	Wigan Phoenix	42.52	238	Matthew Wharton	MJ	62.0	St Helens Sutton	44.55
179	Alan Georgeson		62.9	Merseyside Polic	42.55	239	Peter Smith	M45	64.8	Littlewoods Leg	44.56
180	Allen Radcliffe	M55	74.9	Penny Lane Str.	42.56	240	Jill Jackson	F35	66.7	Warrington RR	44.57



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241	Stephen W. Martin	M40	62.4	U/A	45.00	301	Kevin O'Brien	M55	68.5	Clayton-le-Moors	46.56
242	Martin Costello		59.9	U/A	45.01	302	Jackie Cordingley	F40	67.0	Sale H Manch	46.58
243	Derek Payne		60.9	U/A	45.06	303	Bandeled Onafalujo		57.4	U/A	46.59
244	Peter Eardley	M45	65.0	North Wales RRC	45.08	304	Malcolm Whitehead	M55	66.6	Bolton	47.00
245	Christine Brooks	F45	72.7	Middleton H	45.11	305	Andrew Smith		57.4	U/A	47.00
246	Martin Harrington	M45	64.9	Chorley Harriers	45.13	306	Sid Bailey	M40	60.5	Deestridders	47.03
247	Mick Evans		61.2	U/A	45.15	307	David Seed	M45	62.4	U/A	47.03
248	Andy Concannon		59.9	U/A	45.16	308	Kyrinda Hurst-Moore	F35	63.7	Middleton H	47.04
249	Mark Gibion		59.5	Chorley Harriers	45.18	309	Andy Braun		57.2	U/A	47.08
250	Michael Twist		59.5	U/A	45.20	310	Alan Graham	M40	60.8	U/A	47.11
251	Tom Broderick	M55	71.6	Middleton H	45.21	311	Edmond Woods	M45	61.2	U/A	47.13
252	Philip McCann	M45	63.7	Stockport H	45.22	312	Ernie Turner	M55	66.9	U/A	47.14
253	Fraser Morton		59.3	U/A	45.27	313	Kenneth Brown	M45	63.1	U/A	47.15
254	Phillip Dale		60.0	Boalloy	45.27	314	Thomas Whiting	M45	62.4	U/A	47.23
255	Harry Capmbell	M55	68.9	U/A	45.28	315	Kevin Dickson		56.9	U/A	47.25
256	Trevor Willoughby	M45	64.0	Lytham St Annes	45.30	316	Liz Dobson	F35	63.7	Helsby RC	47.26
257	Stephen Hunter		60.8	Rivacre R&J	45.32	317	Robert Buckley	M45	62.3	U/A	47.30
258	Paul Hardman		59.2	U/A	45.34	318	John Pontifex	M40	59.0	U/A	47.36
259	Melvyn Spencer	M45	64.4	U/A	45.35	319	Philip Forshaw		56.9	U/A	47.37
260	Dave Yates		59.1	U/A	45.40	320	Stephen Cope		56.9	U/A	47.37
261	Albert De Jong		59.0	U/A	45.42	321	Stephen Jowes	M40	58.9	U/A	47.37
262	Dave Mangnall	M50	66.1	Wilmslow	45.47	322	Matthew Plumer		56.6	Congleton H	47.38
263	Ian Barwise	M50	65.6	U/A	45.48	323	Anne Pontifex	F40	65.4	U/A	47.42
264	Ian Sneddon	M50	66.6	U/A	45.49	324	Peter Leavesley	M40	58.4	U/A	47.43
265	Peter Whittaker	M40	61.2	U/A	45.50	325	Rae Willoughby	M50	63.4	Lytham St Annes	47.44
266	Joanne McMahon	F	65.2	Warrington RR	45.51	326	Tony Joyce		56.7	South Liverpool	47.49
267	Frank Heavey		58.7	U/A	45.56	327	Andrew Foy		56.4	U/A	47.50
268	Paul Moyes	M50	65.9	Vale Royal	45.58	328	Allan Blinkhorn	M50	63.3	Horwich RMI	47.50
269	Howard Henshaw	M60	71.2	Wesham RR	46.00	329	Reginald P Pownall	M45	62.3	Royal Mail	47.51
270	Brian Gaskill	M65	76.3	Swinton RC	46.08	330	Ken Hughes	M50	64.3	Warrington RR	47.52
271	James McGlynn	M50	65.6	U/A	46.09	331	John Morrison	M45	62.2	U/A	47.53
272	Steve Williams		59.9	Warrington AC	46.10	332	Steven Baines		57.8	Horwich RMI	47.54
273	Anthony Williams	MJ	60.3	Warrington AC	46.11	333	James Longton	M55	65.3	Warrington RR	47.55
274	John Houghton	M40	60.7	U/A	46.13	334	John O'Boyle		56.3	U/A	47.57
275	Jenny Griffiths	F	64.7	U/A	46.13	335	Louise Gilchrist	F65	85.3	Middleton H	47.58
276	John P. Coupe	M45	63.5	U/A	46.14	336	Iain Kirk		56.7	Penny Lane Str.	48.08
277	Debra McCann	F	64.7	Stockport H	46.15	337	Steve Smith	M40	58.7	Skelmersdale	48.08
278	Joe Park	M65	74.4	Cheshire TallyHo	46.16	338	Ron Reed	M70	78.7	Wilmslow	48.09
279	Fiona McGrath	F	64.6	Warrington AC	46.17	339	Jeremy Lewis		56.3	U/A	48.10
280	Carl Mason		58.5	Warrington RR	46.18	340	Michael Barker	M50	62.3	U/A	48.11
281	Peter Lambert		58.2	U/A	46.21	341	Emma Beck	F	62.0	U/A	48.16
282	Mark P. Povey		58.2	West Cheshire AC	46.22	342	Nigel Cook	M40	57.7	U/A	48.16
283	Allan D. Lees		58.8	Ford Halewood	46.24	343	Frank Brabin		57.3	U/A	48.18
284	Bill Lock	M55	69.2	Lytham St Annes	46.29	344	David Jackson	M40	57.7	U/A	48.19
285	Paul Pover	M45	63.6	Northern Vets	46.32	345	Maureen Bayliss	F	61.9	U/A	48.22
286	David Parrish	M40	61.2	U/A	46.32	346	Peter Marsh	M50	62.6	Swinton RC	48.23
287	Stuart Greenwood	M50	66.1	U/A	46.33	347	Michael Melbounne		55.7	Royal Mail	48.24
288	Michael Blakeley		57.9	Merseyside Polic	46.35	348	Linda Naylor	F	61.7	U/A	48.27
289	Mark Knowles		57.9	U/A	46.36	349	Marianne Claughan	F	61.7	Horwich RMI	48.30
290	Barbara Stoll	F45	69.8	U/A	46.37	350	Robert Fleet	M40	58.5	U/A	48.39
291	Stephen Chapman	M45	62.0	U/A	46.39	351	Arthur Walsham	M70	74.7	Salford AC	48.48
292	Matthew Bold		57.8	U/A	46.40	352	Paul Charlesworth		55.3	U/A	48.48
293	Paul Hodgson	M45	63.3	U/A	46.42	353	James Taylor	M50	62.5	U/A	48.49
294	Jim Farnand		58.0	U/A	46.44	354	Steve Gregory	M40	58.6	U/A	48.55
295	Lisa Unsworth	F	64.0	Chorley Harriers	46.45	355	David Redshaw	M45	59.0	U/A	48.57
296	Davena Scott	F	64.0	U/A	46.46	356	Christine Motteram	F55	73.5	Sale H Manch	49.05
297	Veronique Goossens	F	63.9	Dark Peak FR	46.48	357	James Dunn	M40	58.4	U/A	49.07
298	Barry Stuart-Cole	M50	65.8	Winston Runners	46.49	358	Keith Adams	M40	56.7	U/A	49.08
299	David Bohl		57.6	U/A	46.49	359	Clare Dooley	F	60.8	U/A	49.11
300	John Riley	M60	69.9	U/A	46.52	360	Ian Merrel		54.8	U/A	49.12



Birchwood 10K Road Race

Spectrum Striders Running Club
Sunday 20th August 2000
Full Results



<u>Pos</u>	<u>Name</u>	<u>Cat</u>	<u>%</u>	<u>Club</u>	<u>Time</u>	<u>Pos</u>	<u>Name</u>	<u>Cat</u>	<u>%</u>	<u>Club</u>	<u>Time</u>
361	Mick Statham	M55	64.1	Stone Master Mar	49.17	421	Maggie Davenport	F50	66.3	Vale Royal	52.17
362	David Dishman	M40	58.2	Lanc & Morc	49.18	422	Helen Eaton	F	57.1	Golborne Trot	52.21
363	Margret Bradshaw	F55	75.4	Northern Vets	49.22	423	Mike Boden	M40	54.0	U/A	52.22
364	John Hateley	M55	64.4	Stafford H	49.28	424	John Noakes	M60	63.8	U/A	52.22
365	Alan Hardman	M65	72.7	Altrincham & D AC	49.33	425	Mark Gibbons	M40	54.5	U/A	52.39
366	Louise Riley	F	60.4	U/A	49.34	426	Bill Farrow	M60	64.7	Northern Vets	52.40
367	William Foy	M50	61.6	U/A	49.36	427	Thomas Burke	M55	59.9	Skelmersdale	52.45
368	Graham Bell		55.4	U/A	49.37	428	Mark Dean		52.4	U/A	52.47
369	Paul Wadsworth	M40	56.0	U/A	49.45	429	Sheila Fogg	F45	62.7	West Pennine	52.49
370	Duncan MacGregor		54.1	U/A	49.49	430	Elaine Williams	F40	61.0	U/A	52.56
371	Peter Powell	M50	62.2	Stockport H	49.54	431	Matthew Sharman		50.9	U/A	52.59
372	Frank Wilson	M65	69.7	Marconi H	49.58	432	Susan Jolliiffe	F40	59.8	Lytham St Annes	53.03
373	Andrew Vize		53.9	U/A	50.00	433	Alwyn Jones		51.8	U/A	53.03
374	Paul Marlton	M60	68.1	U/A	50.04	434	John Hampson	M55	60.5	Warrington RR	53.10
375	Christine Casey	F	59.7	U/A	50.08	435	Raymond Tant	M40	53.5	Penny Lane Str.	53.14
376	Ann Bowler	F	59.6	U/A	50.12	436	Sheila Marshall	F55	67.0	Southport W'loo	53.16
377	Mark W. Torkington	M40	56.1	U/A	50.21	437	Graham Peake		50.8	U/A	53.21
378	David J. Hart		54.6	U/A	50.21	438	Alan Davies	M55	59.2	St Helens Sutton	53.23
379	Nataliea Ferrier	F	59.4	Southport W'loo	50.22	439	Caroline Mawdsley	F35	56.2	Penny Lane Str.	53.25
380	Stephen P. Keating	M45	58.7	Ford Halewood	50.22	440	Edward Lloyd	M70	69.1	Penny Lane Str.	53.25
381	Geoff Perkins	M70	78.3	Northern Vets	50.25	441	Alison Meakin	F45	61.4	U/A	53.28
382	Eric Rathbone	M55	63.8	Middleton H	50.26	442	John K. Dootson		51.7	U/A	53.33
383	Bill Loughlin	M65	69.8	Skelmersdale	50.28	443	Johnathon Shaw	M40	51.8	U/A	53.45
384	Daniel Giugno		54.0	U/A	50.31	444	Carl Seed		50.0	U/A	53.55
385	James Brown		53.9	U/A	50.38	445	Johnathan Moore	M40	52.4	U/A	53.55
386	Jenny Ellett	F35	61.1	U/A	50.40	446	Carol Prescott	F40	59.3	Liverpool RC	53.59
387	Jackie Knight	F50	69.6	U/A	50.46	447	Julie Jones	F40	58.7	U/A	54.02
388	Victoria Brindle	F	58.9	U/A	50.47	448	Rosanne Jones	F40	59.2	U/A	54.02
389	Royston Haggett		53.1	U/A	50.50	449	Christina Woods	F45	60.2	U/A	54.03
390	Valerie Kinvig	F35	60.4	Vale Royal	50.52	450	Denise O'Hanlon	F	55.3	Mersey Tri	54.04
391	Helena McGoldrick	F35	60.4	Golborne Trot	50.53	451	Christopher Oliver		49.9	U/A	54.04
392	Sally Barlow	F	58.8	U/A	50.54	452	Elaine Monks	F	55.2	U/A	54.13
393	David Talbot	M60	64.3	Oswestry Olymp.	50.58	453	David Platt		49.7	U/A	54.19
394	Ken Chadwick	M40	56.3	Chorley Harriers	51.00	454	David Conway	M40	51.3	U/A	54.22
395	Gary Meeds		52.9	Altrincham & D AC	51.01	455	Alan P. Wright		49.8	U/A	54.25
396	Peter B. Ainsworth	M50	58.8	U/A	51.03	456	Paul B. Jackson		49.5	U/A	54.28
397	Keith Brown		54.2	Warrington RR	51.05	457	Simon J. Bailey		49.4	U/A	54.34
398	Eddie Campbell			Warrington RR	51.05	458	Emma Hornbuckle	F	54.8	U/A	54.36
399	Maud DeBel	F	58.5	U/A	51.06	459	Cheryl Ward	F40	58.0	U/A	54.41
400	David Riley	M40	56.1	U/A	51.06	460	Brendan Doyle	M45	53.6	U/A	54.43
401	John Brooks	M45	57.4	Middleton H	51.07	461	Detlef Schulze	M40	51.2	U/A	54.48
402	Barry Pierce	M50	58.7	Cheshire Const	51.09	462	Jon Nolan		49.2	Cheshire Const	54.49
403	Tom Hilton	M50	60.1	Chorley Harriers	51.11	463	Alison Giles	F	54.5	U/A	54.51
404	Janet Holmes	F45	63.5	St Helens Sutton	51.15	464	Stephen Foster	M40	51.0	U/A	55.02
405	David Price		52.6	U/A	51.18	465	Andy Roche		49.0	U/A	55.03
406	Edmund Byrne		52.6	U/A	51.19	466	Matthew Duffy		48.8	Southport W'loo	55.14
407	Stephen Charlesworth		52.5	U/A	51.21	467	David Heaton		48.7	U/A	55.20
408	Kay Mysiw	F35	59.8	YMCA H	51.22	468	Geoff Stevenson	M50	56.1	U/A	55.22
409	Stephen Padgett	M45	58.0	U/A	51.23	469	Leslie Smith	M45	53.8	U/A	55.24
410	Percy Hogg	M55	60.8	U/A	51.29	470	Karen Pate	F	54.0	U/A	55.27
411	Patricia Crowley	F		South Liverpool	51.44	471	Michael Bayliss	M50	54.6	U/A	55.28
412	Christine Lawton	F40	60.1	Stockport H	51.54	472	Fred Viles	M50	55.5	U/A	55.29
413	Norman Marshall	M60	64.8	Southport W'loo	52.03	473	Amanda Smith	F	53.9	Warrington AC	55.33
414	Maria Fitzpatrick	F45	63.6	U/A	52.04	474	Leslie Ward	M50	54.1	U/A	55.34
415	Marion Newby	F50	66.5	U/A	52.08	475	Eileen Ingham	F45	60.7	Bury AC	55.35
416	Dawn Roberts	F	57.3	U/A	52.11	476	Lesley Morris	F45	59.1	U/A	55.36
417	Bill Mackinder	M50	59.0	Worsley H	52.12	477	Ann Hughes	F55	64.2	Warrington RR	55.37
418	An Mackinder		51.7	Worsley H	52.12	478	Melanie Nicholls	F	53.8	U/A	55.37
419	Frank Cookson	M45	55.3	U/A	52.13	479	Caroline Hilton	F	53.8	U/A	55.38
420	Hilary Himsworth	F40	60.7	U/A	52.15	480	Pauline Darlington	F40	57.5	Penny Lane Str.	55.41



Birchwood 10K Road Race

Spectrum Striders Running Club
Sunday 20th August 2000
Full Results



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481	Carolyn Lees	F35	54.2	U/A	55.48	531	John Ewing		45.0	U/A	60.16
482	Wayne Inman		48.3	U/A	55.49	532	Wendy M. Davies	F	49.6	U/A	60.19
483	Michael Regan	M60	58.7	Warrington RR	55.50	533	Melanie Doherty	F	49.2	U/A	60.46
484	Alex Newall	F	53.5	U/A	55.55	534	Paul Roberts	M45	47.5	U/A	60.54
485	Christina Carroll	F40	57.7	Ford Halewood	55.57	535	Sarah Jones	F	49.0	U/A	61.02
486	John Cheetham	M45	53.2	Ford Halewood	55.58	536	Barbara Williams	F55	59.1	Bolton	61.03
487	Janet Haylock	F35	55.2	U/A	56.06	537	Josephine Geraghty	F60	62.3	Stockport H	61.05
488	Victoria Pearson	F	53.3	U/A	56.09	538	David Wilson	M40	46.2	U/A	61.10
489	Tony Greenhalgh		48.8	Glossopdale	56.20	539	Richard Kuhl	M65	56.1	U/A	61.21
490	Lyn Braddock	F	53.0	U/A	56.24	540	Nicola De Jong	F	48.7	U/A	61.26
491	Lita Reason	F50	61.7	Stockport H	56.43	541	Dawn Rowlands	F	48.7	U/A	61.27
492	Bill Wright	M55	56.6	U/A	56.46	542	David Taylor		43.9	U/A	61.27
493	Julie Roberts	F40	54.9	U/A	56.51	543	David Ridgway		43.7	U/A	61.43
494	John Dolan	M50	53.7	U/A	56.52	544	Felicity Kerr	F	48.3	U/A	62.00
495	Neil Sephton	M40	48.9	U/A	56.56	545	Thomas Mal	M40	45.1	Sale H Manch	62.17
496	Paul Coulthrad	M45	51.5	Keighley Craven	56.59	546	Susan Moyes	F50	55.1	Vale Royal	62.17
497	Tim Barber		47.3	U/A	57.01	547	John Kane	M40	45.2	Chester Tri	62.36
498	Kay Dennison	F	52.5	U/A	57.02	548	Anita Roche	F	47.7	U/A	62.47
499	Monica Brown	F55	64.5	Penny Lane Str.	57.06	549	Marion Moolna	F40	50.9	U/A	62.53
500	Kathryn Unsworth	F40	55.6	U/A	57.07	550	Martin Fahy	M45	47.0	U/A	62.54
501	Charmian Kerr	F	52.3	U/A	57.14	551	Dawn N. Chamberlain	F35	48.8	Bolton	62.57
502	Russell Kerfoot	M45	50.2	U/A	57.32	552	John Wadsworth	M40	44.9	Trafford AC	62.59
503	Tony Heaney		46.8	U/A	57.37	553	Sharon Brown	F	47.2	U/A	63.25
504	Henrietta Grice	F35	52.0	U/A	57.42	554	John Robinson		42.4	Army AC	63.41
505	Dawn Lock	F55	61.8	Lytham St Annes	57.43	555	Claire Mc'lynn	F	46.8	U/A	63.59
506	Carol Bates	F45	57.4	I.O.M. VAC	57.44	556	Jan Lackey	F	46.5	U/A	64.22
507	Tony McGee	M45	50.7	U/A	57.54	557	Claire Purcell	F	46.1	U/A	64.53
508	Tony Costello		47.2	Mersey FB	58.11	558	Emma Boyd	F	46.0	U/A	65.05
509	Helen Cadwallader	F	51.2	U/A	58.27	559	Joanna Cunningham	F	45.7	U/A	65.29
510	Jason Gardiner		46.1	U/A	58.31	560	Gary Draisey	M40	42.5	Army AC	65.35
511	Ian Gilliver	M45	50.4	Wilmslow	58.43	561	Christopher Haggett	M55	47.3	U/A	66.07
512	Ann Burrows	F50	57.9	YMCA H	58.46	562	Karen Johnson	F40	48.4	U/A	66.38
513	Nicola Richards	F	50.7	U/A	59.03	563	Evelyn Buckwar	F35	45.0	U/A	66.41
514	Peter O'Hare	M45	49.3	East Cheshire H	59.04	564	Clair Goulding	F	44.6	U/A	67.07
515	Keith Maddocks	M45	50.4	U/A	59.06	565	Samantha J Ridgway	F	44.5	U/A	67.18
516	Sylvia Bland	F	50.6	U/A	59.08	566	Ian Dishman	M65	51.7	Red Rose RR	67.23
517	Bill Carlisle	M60	55.1	U/A	59.29	567	Mandy Strahand	F	43.9	Stockport H	68.09
518	Gerald Jenkins		45.3	U/A	59.35	568	Susan V. Eaton	F55	52.4	U/A	68.10
519	Lisa Mitchell	F	50.2	U/A	59.37	569	Marie Merritt	F35	43.7	Bolton	68.42
520	Jackie Cook	F40	52.3	U/A	59.39	570	Sue Hinchcliffe	F45	47.7	U/A	68.46
521	Stephen Booth	M45	48.8	Middleton H	59.41	571	Beverly Gerrard	F	43.5	U/A	68.46
522	Kate Crompton	F	50.0	Gtr Manch. Pol.	59.47	572	Marjorie Whitehead	F45	47.7	Bolton	68.51
523	Terry Crompton		46.3	Gtr Manch. Pol.	59.47	573	Suzanne Hitchen	F	43.1	U/A	69.25
524	Ann Stringer	F50	56.9	Helsby RC	59.49	574	Clare Hitchen	F50	50.4	U/A	69.25
525	Austin Snelson	M40	47.6	Army AC	59.49	575	Iain Tarpey	MJ	38.8	U/A	69.26
526	Mick Jude		45.9	Army AC	59.50	576	Maureen Ball	F45	46.8	U/A	70.10
527	Ged Pratt		45.1	Army AC	59.50	577	Shirley Penfold	F50	49.0	U/A	70.10
528	Ian Rowlands		45.9	Army AC	59.50	578	Ann Casadevall	F40	45.1	U/A	70.54
529	Ann Ingham	F50	57.2	U/A	60.04	579	Charlotte Abraham	F	38.7	Fitness Con	77.20
530	Jonathan Muir		44.8	U/A	60.14						

Age Related Results

The percentage figure relates your performance to the world standard (100%) for your age and sex. World standards are produced by the World Association of Veteran Athletes and correspond approximately to world record standards for a person of that age and sex in that event. We have included percentage figures for everyone who included their actual age on the entry form.