



# Spectrum Striders Running Club



Invite you to run

## The 7<sup>th</sup> Peter Lowe Memorial Hollins Green 5km Road Race

on

**Saturday, 31<sup>st</sup> May 2008 at 4:30 pm**

from

**The Black Swan at Hollins Green, between Warrington & Manchester**  
(just off the A57, 2.5 miles East from M6 Junction 21, grid ref 697912, WA3 6LA)

On-day entries & parking at Hollins Green Community Hall, across the road from the pub.

Please share cars if possible as parking is limited.

Run under UKA rules –Permit 10079- Minimum age 13 years - accurately measured course on roads

Prizes to first 3 finishers, men's and women's teams & veteran categories in this race

*Also this is Race 2 in **Spectrum Striders and Altrincham & DACs 5-race Grand Prix (4 to count)***

Race 1 Dunham Massey Park Fri 23<sup>rd</sup> May, Race 2 see above, Race 3 Bowdon Thu 5<sup>th</sup> June,

Race 4 Dunham Massey Park Fri 13<sup>th</sup> June, Race 5 Lymm Sat 21<sup>st</sup> June, see website for a series entry form

**Free hot food after race to those who  
pre-enter**

Entry fees: £4 affiliated, £6 unaffiliated (£1 extra on the day)

**Cheques payable to Spectrum Striders Running Club & include a Stamped Addressed Envelope**

Send entries to: Hollins Green 5 Km, 17 Fisherfield Drive, Gorse Covert, Warrington, WA3 6TX

**Telephone enquiries: 07527 571637 or 01925 818807**

Or visit Spectrum Striders' website at <http://www.spectrumstriders.org.uk>

Closing date for receipt of postal entries: 26<sup>th</sup> May 2008



### Peter Lowe Memorial Hollins Green 5k - Entry Form

Surname: \_\_\_\_\_ First name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Postcode: \_\_\_\_\_ Telephone no.: \_\_\_\_\_

UKA Affiliated Club (if any): \_\_\_\_\_ UKA Registration No: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Male or Female: \_\_\_\_\_

**Entry fee enclosed: £ \_\_\_\_\_ and a 9"x6" Addressed Envelope with appropriate stamp.**

I declare that I am an amateur as defined by UKA rules. I am medically fit to take part and I accept that the organisers will not be responsible for any, loss, damage, illness or injury sustained as a result of taking part in the race.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**Please remember your Stamped Addressed Envelope – or you will have to pick-up your number on the day**