



Spectrum Striders Running Club
 In conjunction with Cherry Tree School Association
 Invite you to run



6th Lymm 5km Road Race & Fun Run

on
Saturday, 21st June 2008 at 4:30 pm (NB Fun Run 5pm)
 from
Cherry Tree Primary School on Hardy Road, Lymm, WA13 ONX
 (just off the B5158/Cherry Lane & 2 miles from M6 Junction 20, grid ref 674867)

On-day entries & parking at Cherry Lane Primary School, to raise funds for Cherry Tree School Association
 Run under UKA rules - Permit 10078 - Minimum age 13 years for 5k- accurately measured road course

Prizes to first 3 finishers, men's and women's teams & veteran categories in this race

*Also this is Race 5 in **Spectrum Striders and Altrincham & DACs 5-race Grand Prix (4 to count)***

Race 1 Dunham Massey Park Fri 23rd May, Race 2 Hollins Green 31st May, Race 3 Bowdon Thu 5th June,
 Race 4 Dunham Massey Park Thu 13th June, Race 5 Lymm Sat 21st June, see website for a series entry form

N.B. Returned to Original Race Start Time

5k Entry fees: £4 affiliated, £6 unaffiliated (£1 extra on the day), Fun Run £2.00

Cheques payable to Spectrum Striders Running Club & include a Stamped Addressed Envelope

Send entries to: Lymm 5 Km, 71 Highfield Road, Lymm, Warrington, Cheshire, WA13 0DT

Telephone enquiries: 01925 757368 or 01925 818807

Or visit Spectrum Striders' website at <http://www.spectrumstriders.org.uk>

Closing date for receipt of postal entries: 16th June 2008



Lymm 5k & Fun Run - Entry Form

Surname: _____ First name: _____

Address: _____

Postcode: _____ Telephone no.: _____

UKA Affiliated Club (if any): _____ UKA Registration No: _____

Date of Birth : _____ Male or Female: _____ 5k Race or Fun Run _____

Entry fee enclosed : £ _____ and a 9"x6" Addressed Envelope with appropriate stamp.

I declare that I am an amateur as defined by UKA rules. I am medically fit to take part and I accept that the organizers will not be responsible for any, loss, damage, illness or injury sustained as a result of taking part in the race.

Signed: _____ Date: _____

Please remember your Stamped Addressed Envelope – or you will have to pick-up your number on the day