

Burtonwood Bridge Amateur Rugby League FC & Spectrum Striders Running Club invite you to run the

**4th Burtonwood 5 Mile  
Road Race and Fun Run**

On  
**Saturday 19th July 2008 at**  
**The Bridge Inn, Phipps Lane, Burtonwood, Warrington, Cheshire, WA5 4HD**  
Main race starting at 4:00pm  
Fun run (1.8 miles) at 5:00pm

Run under UKA rules - - Minimum age 15 years  
UKA Race License 10296  
An accurately measured 5 mile course on country lanes  
In association with Spectrum Striders Running Club



Car parking in pub & adjacent business car park (only 2 miles North of M62 Junction 8)

**Main race Entry fees:** £7.00 (or £5.00 if in a UKA affiliated running club)  
Fun run entry fee £3.00

Entries on the day £1.00 extra

Free hot dog or Beef burger to all finishers in both races

**Cheques payable to:** Burtonwood Bridge ARLFC, **Include a Stamped Addressed Envelope**  
**To receive your race number**

Send entries to: Burtonwood 5, c/o 8 Pinewood Road, Burtonwood, Warrington, WA5 4NA

For **enquiries** phone Tom on 01925 222321; or Keith on 01925 226474

Results will be published on Spectrum Striders' website at <http://www.spectrumstriders.org.uk>

**Closing date** for receipt of **postal entries:** Monday 14th July 2008  
Entry to both runs can also be given on the day

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ENTRY FORM –

Surname: \_\_\_\_\_ First name: \_\_\_\_\_

Home Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Postcode: \_\_\_\_\_ Telephone no.: \_\_\_\_\_

UKA Affiliated Club (if any): \_\_\_\_\_ UKA runner number \_\_\_\_\_

Date of birth \_\_\_\_\_ 5 Mile race  Fun run  please tick

Entry fee enclosed : £ \_\_\_\_\_ Male  Female  please tick

I declare that I am an amateur as defined by UKA rules. I am medically fit to take part and I accept that the organisers will not be responsible for any, loss, damage, illness or injury sustained as a result of taking part in the race.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**Please remember your Stamped Addressed Envelope – or alternatively collect your number on the day**